



PSHE Policy (Including Relationships and Sex Education)

Date of Review: September 2025

Next Review Due: September 2026

Policy Lead: PSHE/RSE Subject Leader: Sarah Harris

Approved by:

1. Policy Statement

At Corsham Regis Primary Academy we are committed to delivering high-quality Personal, Social, Health and Economic (PSHE) education that supports the development of the whole child. This includes statutory Relationships Education and Health Education, and where appropriate, Sex Education, in line with the latest DfE statutory guidance (2025).

2. Aims

- Equip pupils with the knowledge, skills and attributes to manage their lives now and in the future.
- Promote emotional wellbeing, resilience, and mental health.
- Foster respectful relationships and understanding of diversity.
- Prepare pupils for the physical and emotional changes of growing up.
- Ensure pupils understand how to stay safe online and offline.

3. Statutory Requirements

This policy complies with:

- Sections 34 and 35 of the Children and Social Work Act 2017.
- Section 80A of the Education Act 2002 and Section 403 of the Education Act 1996.
- The DfE's 2025 statutory guidance on Relationships Education, RSE, and Health Education.

4. Roles and Responsibilities

The governing board will approve the PSHE policy and hold the Headteacher to account for its implementation.

5. Curriculum Overview

Our PSHE curriculum is structured around six core themes:

- Our Happy School (how we get along with each other in our school community)
- Out and About (keeping safe inc. online and anti-bullying)
- Looking Forward (setting yourself goals, economic wellbeing)
- My Friends and Family-(Families, friendships and respectful relationships inc. online)
- Healthy Bodies, Healthy Minds (Physical health, mental wellbeing, healthy eating, personal hygiene, drugs and alcohol awareness)
- Ready, Steady, Go (preparing for the changes ahead and dealing with unexpected changes)
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In order to deliver this we use a combination of sources: the PSHE Association's updated Programme of Study and lesson plans, including new content on misogyny, online influences, and mental health, Wiltshire Learn4Life, Big Talk cards, NSPCC resources and PiXL.

6. Sex Education

While Sex Education is not compulsory in primary schools, we provide age-appropriate content that complements the science curriculum. Parents have the right to withdraw their child from non-statutory sex education lessons.

7. Teaching and Learning

- Delivered weekly by class teachers or trained staff.
- Supported by external agencies where appropriate.
- Inclusive and accessible to all pupils, including those with SEND.
- Lessons are sequenced and age-appropriate, using quality-assured resources.

8. Safeguarding and Confidentiality

PSHE lessons are a safe space for pupils to discuss sensitive issues. Staff follow safeguarding procedures if disclosures are made. The policy aligns with our Safeguarding, Behaviour, and Online Safety policies.

9. Monitoring and Evaluation

- Regular review of planning and pupil work.
- Pupil voice surveys and feedback.
- Lesson observations and staff CPD.
- Annual policy review by SLT and governors.

10. Parental Engagement

We consult parents on curriculum content and provide transparency around resources used. All information is available on our school website.

11. Policy Availability

This policy is available on the school website and in staff and governor handbooks. It is shared during staff induction and reviewed annually.