



Corsham Regis
Primary Academy

SUBJECT LEADER IMPACT REPORT

PHYSICAL EDUCATION

Together **E**veryone **A**chieves **M**ore

INTENT



How to communicate using appropriate vocabulary

At Corsham Regis, we aim to deliver high-quality physical education which inspires all pupils to leave us physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. We understand that pupils need to be taught to use appropriate vocabulary in order to achieve this.

About Corsham and the local area

On occasions, our sports teams or classes of children are invited to compete or participate in Corsham cluster sports festivals or competitions. These take place in and around Corsham, for example Corsham Rugby and Cricket Club, The Corsham School, Stanley Park in Chippenham and the Springfield Campus.

Through experience inside and beyond the classroom.

Children experience physical education in our school hall, on our school playgrounds and on our school field. Swimming lessons take place in our local swimming pool, which can be found at the Springfield Campus.

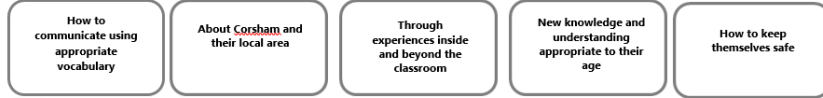
New knowledge and understanding appropriate to their age

The children are taught the National Curriculum for each year group with the Chris Quigley Milestones linking to their topic. This is split over a two year rolling program to ensure coverage and gives the children the opportunity to deepen their knowledge and skills.

How to keep themselves safe

Physical Education lessons are risk assessed and children are taught how to engage in activities safely. They are expected to dress in appropriate PE kit and remove unsafe jewellery. Pupils in Years 5 & 6 are also taught aspects of water safety as part of their swimming lessons.

These 5 intentions underpin our curriculum because we want our pupils to have a love of learning which they can share, a sense of understanding and pride of where they live, and be safe in different situations.



The essential skills and knowledge that we want our pupils to learn by the end of:

EYFS	KS1
<p>At this stage, the emphasis is on developing basic motor skills and coordination. The aim is to build physical confidence and introduce children to a wide variety of physical activities.</p> <ul style="list-style-type: none"> Movement Skills: <ul style="list-style-type: none"> Basic balancing, jumping, and running techniques. Crawling, hopping, and skipping. Simple coordination activities like throwing and catching, kicking, and striking. Spatial Awareness: <ul style="list-style-type: none"> Learning to move in different directions. Understanding personal space and spatial relationships with others. Fundamental Skills: <ul style="list-style-type: none"> Basic hand-eye coordination. Simple agility and balance exercises 	<p>Skills progression builds on the foundation stage, focusing on more refined basic movement skills and encouraging physical literacy.</p> <ul style="list-style-type: none"> Locomotion Skills: <ul style="list-style-type: none"> Walking, running, hopping, skipping, and jumping in a variety of ways. Object Control: <ul style="list-style-type: none"> Throwing and catching with increased accuracy. Kicking, dribbling, and striking simple objects (balls, bats, etc.). Balance and Agility: <ul style="list-style-type: none"> Simple balancing activities (one leg, beam walking). Developing agility through fun, dynamic movements. Teamwork and Cooperation: <ul style="list-style-type: none"> Learning basic team game rules. Working together in simple cooperative games.
LKS2	UKS2
<p>Locomotion Skills:</p>	<p>Refining Movement Skills:</p>

<ul style="list-style-type: none"> Developing an understanding of endurance, strength, and flexibility through fun and engaging activities. 	<p>Teamwork and Leadership:</p> <ul style="list-style-type: none"> Taking on leadership roles within team games, such as being a team captain or helping to organize games and activities. Developing more responsibility in games, such as refereeing or acting as a mentor to younger children. Encouraging and promoting good sportsmanship, respect, and inclusion within team settings
<p>Strong Foundations</p> <p>Gross Motor Skills: Children will- Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p>	<p>Teaching time</p> <p>All children are taught at least 2 hours of physical education each week. Up and Under Sports coaches work alongside teachers for at least one session per week to deliver lessons which acts as CPD for teachers to continuously develop their sports teaching skills. We use Getset4 PE for our teacher-led lessons which introduce a range of different sports to children and where skills progress year on year.</p>
<p>Clubs</p> <p>Sports clubs run weekly and focus on specific sports each term which link into our local cluster events and aim to promote enjoyment, healthy living and teamwork.</p>	<p>Cluster sports events</p> <p>Children from across KS2 are able to participate in cluster sports events throughout the year both competitive and non-competitive sports.</p>



As an athlete leaving Regis, every child will have:

The skills, confidence, and passion to enjoy a lifelong love of physical activity. We ensure that every child develops fundamental movement skills, teamwork, resilience, and a positive attitude towards health and well-being, empowering them to stay active and thrive in any sport or physical pursuit they choose

Together Everyone Achieves More

- Refining running, jumping, and skipping with increased control and speed.
- Developing more precise movement in activities like relay races and obstacle courses.

Object Control:

- Throwing:** Practicing more accurate and varied throwing techniques (e.g., overhand, underhand).
- Catching:** Improving hand-eye coordination to catch balls of different sizes and in different contexts.
- Kicking:** Learning to kick with more precision and consistency in activities like football or rugby.

Balance and Coordination:

- Developing balance in dynamic situations (e.g., balancing while running or moving).
- Performing balance exercises (e.g., balancing on one leg or on different apparatus) with greater stability.
- Building coordination through activities like jumping rope or playing with equipment like hoops or balls.

Team Games and Tactics:

- Beginning to play simple team games, understanding roles within a team (attacker, defender, etc.).
- Learning the basic principles of strategy in games like tag, netball, or football.
- Focusing on fair play and sportsmanship in group settings.

Health and Fitness:

- Introduction to basic fitness concepts, such as warming up and cooling down, and understanding why they are important.

- Perfecting skills like running (sprinting, endurance running), jumping (long jump, high jump), and more advanced agility techniques.
- Increasing the complexity of skills in gymnastics, dance, or athletics, with a focus on control, technique, and fluidity.

Advanced Object Control:

- Throwing:** More advanced throwing techniques, such as precision throws (e.g., aiming for a target, or throwing at a moving object).
- Catching:** Catching in a variety of contexts (e.g., while running, jumping, or in more dynamic team games).
- Dribbling:** Starting to dribble with greater control in games like basketball, football, or hockey.
- Striking:** Learning to strike objects with accuracy using different implements, such as bats or rackets.

Tactics and Strategy:

- Understanding the basic tactics of various team sports, including attacking and defending strategies (e.g., in football, basketball, and hockey).
- Learning how to read the game and make decisions based on team needs or individual skill development.
- Developing more complex strategies for team games and becoming aware of the importance of positioning and teamwork.

Fitness and Physical Wellbeing:

- Building a greater understanding of personal fitness, and the relationship between exercise and health.
- Learning more about cardiovascular fitness, muscle strength, flexibility, and coordination, and how each contributes to overall fitness.
- Exploring different types of exercise (e.g., strength training, aerobic exercise, flexibility work) through fun challenges and fitness circuits.

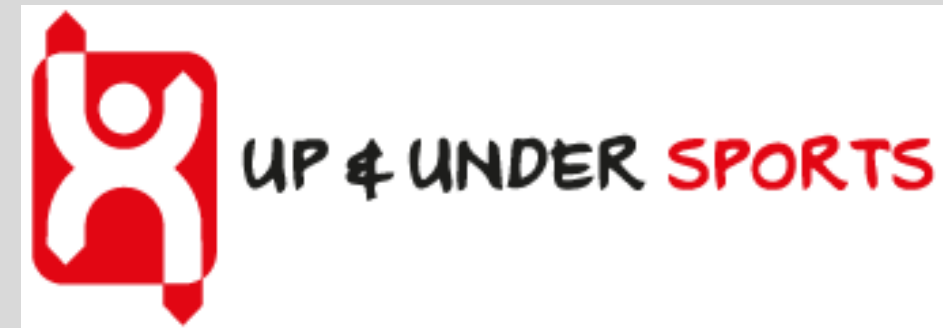


OUR INTENTIONS

IMPLEMENTATION – PLANNING OVERVIEW



2025/2026 Edit 						
	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Fundamentals : Unit 1	Introduction to PE : Unit 2	Games : Unit 1	Dance : Unit 2	Games : Unit 2
	Gymnastics : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Gymnastics : Unit 2	Ball Skills : Unit 2	Fundamentals : Unit 2
Year 1/2	Yoga	Gymnastics	Dance	Wiltshire cricket	Invasion Games	Team Building
	Fundamentals	Ball Skills	Striking and Fielding Games	Sending and Receiving	Fitness	Target Games
Year 3	Fundamentals Y3/4	OAA	Healthy Heroes	Tennis	Ball Skills Y3/4	Athletics
	Hockey	Dance	Healthy Heroes 2	Wiltshire cricket	Gymnastics	Basketball
Year 4/5	Yoga	Tag Rugby	Swimming	Swimming	Rounders	Athletics
	Dance	Fitness	Football	Wiltshire cricket	Gymnastics	Dodgeball
Year 5/6	Swimming	Swimming	Healthy Heroes 2	Wiltshire cricket	Badminton Y5/6	Athletics
	Dance	Gymnastics	Healthy Heroes	Basketball	Golf	Basketball



PROVISION



- Our broad PE curriculum provides children with experiences of different sports, in the hope that they will further their interests and strengths outside of school
- Our links with external agencies enhance our provision of PE and are used to not only broaden the children's experiences and develop their skills but staff work alongside these specialists as continuous CPD
- Our PGL residential trip in Year 6 enables the children to experience outdoor and adventurous activities such as climbing , abseiling, kayaking, raft building, team games and many more.



IMPACT

- Children build their confidence in a range of sports taught by experts.
- Some children go on to join clubs outside of school, having been introduced to different sports within school.
- Children swim at the Springfield Community Campus in Corsham with the aim for all children being able to swim 25 meters by the time they leave for secondary school.
- We encourage all pupils to take part in our weekly Magic Mile Club and approximately 60% of the school attend regularly.
- We have sports clubs that are completely free to our pupils



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PROVISION SPORTS DAY 2025



- All children took part in non-competitive activities to develop throwing, dribbling, team work and bat and ball skills.
- Children chose to compete in a range of competitive races.
- Parents and carers are always invited to join us for sports day, this helps the children to develop their performance elements of sport and brings the whole school community together
- Sports leaders from The Corsham School join us and are aspirational for the children providing excellent role models for them.
- Children compete and are awarded points towards their team and with children from across the age ranges represented in each team, the children have to work together and encourage each other, with the older children often supporting the younger ones.

IMPACT OF SPORTS DAY





Bath Rugby
come and
we learn
new skills.
Year 3

We get to play
different games.
Year 1

I like that we
get to play
dodgeball
with Mr Peters.
Year 2

Up and
Under sports
clubs are
great.
Year 3

I like PE because it's
A lot of fun.
Year 1

We get to
learn new
skills.
Year 3

It allows us to try
a good variety of
sports so we
know what we
could do outside
of school. Year 6

PE keeps me
fit and
healthy.
Year 6

PE is healthy!
Year 5

It's just the
best
subject!
Year 6

Swimming is
great and
improves your
confidence.
Year 6

Cluster
competitions give
us more
competitive
challenges. Year
6

CHILDREN'S VOICE



**Brave
Regis bike
riders...**



**Year 5/6
cricket
winners
2023!**



PHOTOS/ REGIS MAGIC MOMENTS

FINAL REFLECTION/NEXT STEPS 2025-2026



Continue to use Up and Under Ltd for mentoring, coaching and extra-curricular club provision

Use Getset4PE across the school to maintain consistency and progression of skills supported by specialist coaching from Up and Under Sports Coaching

Continue to provide a range of sports clubs and promote participation.

To continue our involvement with Wiltshire cricket to promote cricket in school.

Celebrate sporting achievements in and out of school in whole school assemblies

Encourage active brain breaks for all children

Continue to elect a sportsperson of the year