## **Corsham Regis Primary Academy**



# School Closure Daily Planning- Onyx Class 17.6.20

DATE	Reading	Writing	Mathematics	Topic
Weds	Read the text on "Keeping healthy" again. Draw an illustration (picture) which could be used to go with each box of information to brighten it up and make it look even more appealing.	Use the planning format to help you prepare your poster on keeping fit through physical activity and exercise. Decide on the title, what you will say in the introduction, the activities you will	The Oak Academy  https://classroom.thenatio nal.academy/lessons/to- recognise-right-angles  Please complete quiz at the start, watch the lesson, complete the worksheet and the final quiz.  Extension  Using a ruler, create a line drawing by overlapping,	Mighty Muscles  We are going to predict which muscles we use when we exercise Key words  Muscles, tendons, contract, relax, biceps, triceps  Muscles and movement  Our muscles are attached to our bones to help us move. You will need to do 2 activities and using the worksheet can you predict

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rotating, and reflecting right angles.

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The Oak Academy

https://classroom.thenation al.academy/lessons/tocompare-and-sort-2-dand-3-d-shapes

Please complete quiz at the start, watch the lesson, complete the worksheet and the final quiz.

the muscles you think you will use?

(The figures can be drawn as stickmen rather than be printed out).

After the activity can you highlight the muscles you used?

The two activities are:

- 1. Running
- 2. 2 Reading

Once you have completed the sheet can you explain what our muscles do and how they move?

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#### Websites for additional work:

Pobble 365 –this has a new picture for each day with ideas for story writing and grammar

For additional Maths

Nrich

There are problem solving tasks and games covering all maths topics

Science

www.primary homework help

www. twinkl.co.uk

bbc.co.uk bitesize

PE

Joe Wicks 9.00 am work out