


11<sup>th</sup> – 15<sup>th</sup> May 2020 School Closure Daily Planning- **Crystal** Class

DATE	Reading	Writing	Mathematics	Topic
<p>Monday 11<sup>th</sup> May</p>	<p>Read 'Hot Chocolate and the Maya'.</p> <p><b>Hot Chocolate and the Maya</b></p> <p>Between 900BC and 250BC, the Maya civilisation in Mexico and central America used ground cacao (chocolate) to make a spicy, hot chocolate drink, which was used in rituals and ceremonies. Only the rich, noble members of society drank this rich, wholesome drink. Will you enjoy it?</p> <p><b>Ingredients</b>                      3 tablespoons cocoa powder                      250ml milk                      1 teaspoon ground cinnamon                      Pinch chilli powder</p>  <ol style="list-style-type: none"> <li>Mix the dry ingredients in a jug.</li> <li>Heat the milk slowly until it is frothy. (Always be careful and ask for adult help.)</li> <li>Add the milk to the jug and mix well.</li> <li>Pour back and forth between two jugs to increase frothiness (optional).</li> <li>Serve and enjoy!</li> </ol>	<p>Spellings taken from the Statutory list:</p> <p>recommend</p> <p>relevant</p> <p>restaurant</p> <p>rhyme</p> <p>rhythm</p> <p>sacrifice</p> <p>secretary</p> <p>shoulder</p> <p>signature</p> <p>sincere</p> <p>sincerely</p> <p>Task 1 – Look up the definition of unknown</p>	<p>Mathletics – your choice</p>	<p><b>Athletics:</b> The Fling Throw</p> <p>In today's lesson, you are going to be learning the fling throw technique and will be trying to throw objects as <b>far</b> and as <b>accurately</b> as possible.</p> <p>You are going to throw for accuracy by trying to hit a target using the fling throw technique.</p> <p>Do make sure the area is clear before you throw.</p> <p><b>The Fling Throw Action</b></p> <p>The FLING throw is used all the time without even knowing it in both playground activities and organised games. An underarm bowl in rounders is a fling throw as is frisbee throwing.</p> <p>The fling throw action requires the body weight</p>



		<p>words and copy it down.                  Task 2 – Put each spelling into an interesting sentence.                  Challenge – try to make links to the Mayans.                  Task 3 – Rainbow writing.</p>		<p>being transferred from the back leg to the front leg and moving from a low to a high position as the implement is thrown.</p> <p><b>Teaching Points</b></p> <p>Encourage children to:</p> <ul style="list-style-type: none"> <li>•   ▪ adopt a balanced stance at the start</li> <li>•   ▪ transfer weight from the back to front leg</li> <li>•   ▪ follow throw with the arms and fingers</li> <li>•   ▪ keep their eye on the target where appropriate</li> </ul> <p>Set up a large fan-shaped throwing area with approximate metre markers.</p> <p>Get a selection of small and large, heavy and light equipment for throwing.                  Take three consecutive throws thinking carefully</p>
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Websites for additional work: