



Sport Crew minutes 30.4.19

Present: KB, T, E, G, J

Discussion points	Comments	Action
KB discussed with the Sports Crew how the Playground Leader initiative is working.	There was a mixed reaction. G and J feeling that it was going well but T was concerned that some children were not turning up for their sessions. They also asked if there could be no session on a Friday as this is when the equipment is out on the KS2 playground and none of them want to miss out on this.	KB agreed that she would swop around the rota so that no-one is doing it on a Friday and to include more cover on certain days when children are less reliable – so that if they don't turn up it won't matter. KB also said that she would talk to the children which the Sports Crew said weren't turning up anymore to see if they do want to continue.
KB discussed with the children how PE is going during lesson time and how they are enjoying it.	T and E did not seem to be enjoying the Ultimate Frizbee (taught every week by Mr Peters) and reported that it is causing lots of injuries. G disagreed with this and said she was really enjoying it. They confirmed that they are doing outside PE more often (a request of their's from earlier in the year). They are REALLY enjoying the dance sessions. They confirmed that the class are being encouraged to set themselves personal targets in PE lessons (e.g. If you ran 4 laps last time can you run further this time?) which was a request from GS in order to help the school achieve the Silver Mark Award.	N/A
KB discussed "Healthy eating" with the Sports	This topic sparked a very heated debate with all of the children very animated. They all felt that the Tuck	KB to talk to the Tuck Shop leaders about no more than one Freddo

<p>Crew and asked if they had any ideas to promote this in school.</p>	<p>Shop did not promote healthy eating. They felt that Popcorn, Bear YoYos and Fredos were not healthy and complained that on Friday some children brought in £1 and bought 4 Fredos which they then ate in one playtime.</p> <p>J asked if school could provide fruit at lunchtime – even for those children who have packed lunches as some families do not have fruit at home. There was also concern that some children didn't eat enough at lunch or ate all their packed lunch at break and then had nothing to eat at lunch. There was hot debate about the contents of children's packed lunches. G suggested that a letter should be sent home suggesting that packed lunches always include some fruit. E explained that as some families might not be able to afford or have fruit at home, this could be hard for some families.</p> <p>KB discussed the idea of providing a list of foods which might be in a packed lunch – traffic lighted to show those which are most/least healthy as some people might not be aware of the hidden sugar or fat in some foods. A suggestion of only one red food a day, some amber but lots of green could be made. The girls seemed to like this idea.</p>	<p>being bought at a time by an individual child.</p> <p>KB to talk to GS about whether food left over from EYFS and KS1 could be added to a "fruit bowl" in the dinner hall for all children to help themselves to.</p> <p>KB to talk to GS about the idea of the Sports Crew leading an assembly to discuss healthy, sensible eating at school. (Not eating everything at play and then having nothing to eat at lunch!)</p> <p>KB to talk to GS about the idea of a list of packed lunch foods being provided with traffic light coding to help educate everyone about what is and is not healthy to put in a packed lunch.</p>
<p>AOB</p>	<p>E asked if there could be more variety of sports to choose from in PE.</p>	<p>We are tied by our curriculum to some extent but perhaps the last week could be spared at the end of each term for children to choose what sport/game they</p>

		would like to play that week. Could teachers bear this in mind as an idea?
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