



Welcome back to the rest of
the Summer Term



You will notice we have some new
Buddy Stops in the Playgrounds



Talk to a partner and tell them how you
think they should be used...

How we will use the Buddy Stops:

- Someone can wait while someone else comes over
- Look after them
- You can wait there so you can have a chat with someone
- You can go there when you are feeling lonely or someone is being unkind to you

We have the Buddy Stops because we want our playground to be a happy place. Now what about the Sunshine Stops?

Why do we have them?



How to use the Sunshine Stops:

- We use them to sit down calmly
- We use them for quiet chatting
- We can sit down if we are feeling under the weather
- We can read a book
- We can have a rest if we are feeling tired
- We must not run through them or use them as a place to hide in games, for example Man Hunt
- We can keep cool when it is hot
- We can sit down if we are injured

It's also very important that you know you can talk to the grown ups in school about any worries you may have. What do we have in place to help you with this?

If something is worrying, confusing or scaring you, you can:

- Put a message in a worry monster
- Tell an adult you trust
- Go to your calm place to think about what you want to say
- Go to the Time to Talk sessions
- Speak in Circle Time
- Use our new Talk Cards

We would like you to have
another way to get help if you
need it:

Talk cards

FS2 and KS1

I need to talk to you.



I need to talk to you.



KS2

I need to talk to you.



I need to talk to you.



- **Where?** Discuss and decide with your class teacher-maybe in your trays or in a few special places in the classroom.
- **Who can use them?** Everyone.
- **How?** Take a card, write your name on the back or just hand it to your teacher or any grown up who works in the school.
- **What's it for?** Anything that might be worrying you, scaring you or just confusing you.

One last thing...

Good Secrets	Bad Secrets
 <p>This is ok to keep to yourself, everyone has a right to privacy.</p>	 <p>This is not ok to keep to yourself, tell a trusted adult.</p>